

Qualitative Analysis of Pharmacists' Therapeutic Reasoning Processes Applied to Antimicrobial **Selection and Stewardship Activities**

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Introduction

- Relatively little is known about how clinicians make therapeutic decisions.¹
- Recent work has explored how physicians use antimicrobial therapeutic reasoning (ATR) to choose medications.²
- Understanding pharmacists' ATR could:
 - Inform pharmacy education
 - Improve antimicrobial stewardship (AS)
 - Support robust interprofessional collaboration

Study Aim

Our study explored ATR among infectious disease (ID) and non-ID clinical pharmacists.

Methods

- We adapted a think-aloud protocol for semistructured interviews aimed at exploring participants' therapeutic reasoning processes.²
- 11 pharmacists (5 ID pharmacists and 6 non-ID clinical pharmacists) participated.
- Participants responded to clinical vignettes and questions about their general ATR processes.
- Interviews were audio recorded, transcribed, and analyzed using the codebook developed by Abdoler and colleagues² as an initial framework.
- Two investigators (EA and KG) added and adapted codes through an iterative, collaborative process.
- A third investigator (CM) arbitrated unresolved code application discrepancies and definitions.



Table 1: Factors Involved in Pharmacists' ATR Process

| Categories | Factors | | | | | |
|--|-----------------------------|------------------------|--------------------|--|---|--|
| Patient Characteristics | Age | Allergies | Exposures | Medical History <u>Sub-factors:</u> Can take oral meds, weight* comorbidities, past infections | Medications <u>Sub-factors:</u> Prior exposure to antibiotics, current meds | Social Factors Social Factors: Sub-factors: Ability to adhere**, financial factors |
| Current Case Features | Differentiating features | Microbiologic data | Illness severity | Illness trajectory | | |
| Provider and Health System Factors | Antibiogram | Clinical experience | Team dynamics* | Institution-specific practices | | |
| Treatment Principles | Pathogen-based treatment | Parsimony | Narrow Coverage | Evidence-based/guideline-supported decisions** | | |

*New factors compared to those previously identified in the ATR process in physicians **Factors with expanded definitions compared to those identified by physicians Factors previously identified by physicians but not pharmacists: Pill burden, Likelihood of follow-up, Patient preferences, Supporting trainee choices



Results

• Pharmacists generally engaged in the same ATR steps described by physicians, with two additions (Figure 1):

- "Revisiting the syndrome" in light of clinical data
- Engaging in "Early script filtering" to narrow options during ATR

· Pharmacists also identified some new factors that impact ATR (Table 1)

Summary

• We identified a framework for pharmacist ATR.

• Factors mentioned by pharmacists are similar to those previously identified by physicians.²

• Differences in physician and pharmacist ATR may be due to pharmacist's role in medication review.

Next Steps

• This framework could be applied towards:

- Teaching students and residents
- Identifying errors/bias within the ATR process
- Communication across professions

Acknowledgements

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References

1. Cook DA, Sherbino J, Durning SJ. Management reasoning: beyond the diagnosis. JAMA. 2018;319(22):2267-2268. 2. Abdoler, EA, O'Brien, BC, Schwartz, BS. Following the Script: An Exploratory Study of the Therapeutic Reasoning Underlying Physicians' Choice of Antimicrobial Therapy.Acad Med.2020;95:1238-47.