# **Pre-Exposure Prophylaxis (PrEP) Short-Term Retention Among** Heavy Alcohol Users in Rural **South Africa**

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### Background

**Despite widespread access to** testing, young men remain difficult to engage in HIV services.



Alcohol use disorder, which has a 7% prevalence among men in **South Africa, complicates** engagement.



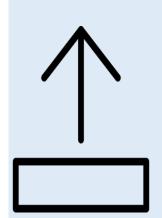
Congregate alcohol venues, known as shebeens, are an ideal place to engage with young men for testing, treatment & prevention.



There have been few successful interventions specifically targeting HIV prevention at alcohol venues



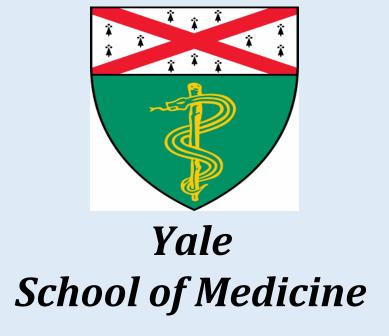
PrEP is a highly efficacious and safe biomedical option for HIV prevention



The biggest gap in the PrEP care cascade is uptake, especially for young, mobile individuals

All-male field team offered HIV testing at mobile clinics outside shebeens in rural Msinga subdistrict of Kwazulu-Natal province.

"Loss to follow-up" was defined as not attending 1 month follow up appointment, no response to 3 separate phone calls on 3 separate days, and unsuccessful tracing at least once at participant home address.



# Methods & Setting



**PrEP initiators completed AUDIT** scale for hazardous alcohol use (defined as score >6 for women and >8 for men) and had dried blood spot analysis for an alcohol biomarker.



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Young, heterosexual men engaging in risky behavior were interested and willing to engage in PrEP through a community based model.

The majority of participants were retained in care [& all reported good adherence] demonstrating the feasibility of a differentiated service delivery model to engage men in HIV prevention.

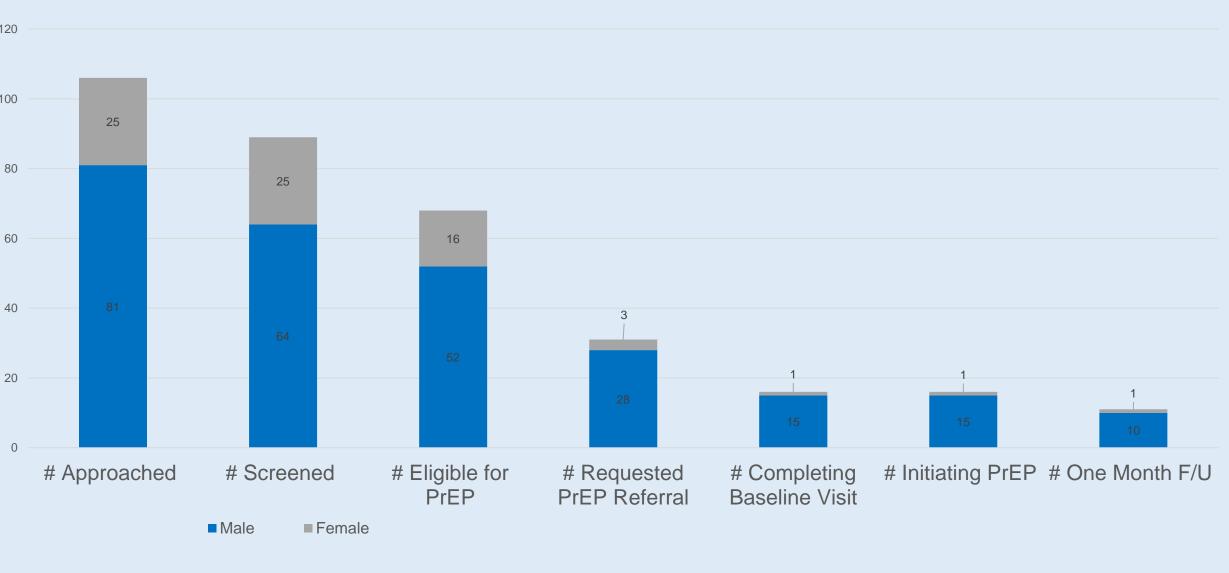
Hazardous alcohol use did not inhibit short-term retention in this small sample

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Table 1. Characteristics of	PrEP Initiators (n
Characteristic	n (%)
Male	15 (93.8)
Employed	5 (31.2)
Running water at home	9 (56.2)
Hazardous Alcohol Use	11(68.8)
Completed 1 mo follow-up visi	t 11 (68.8)

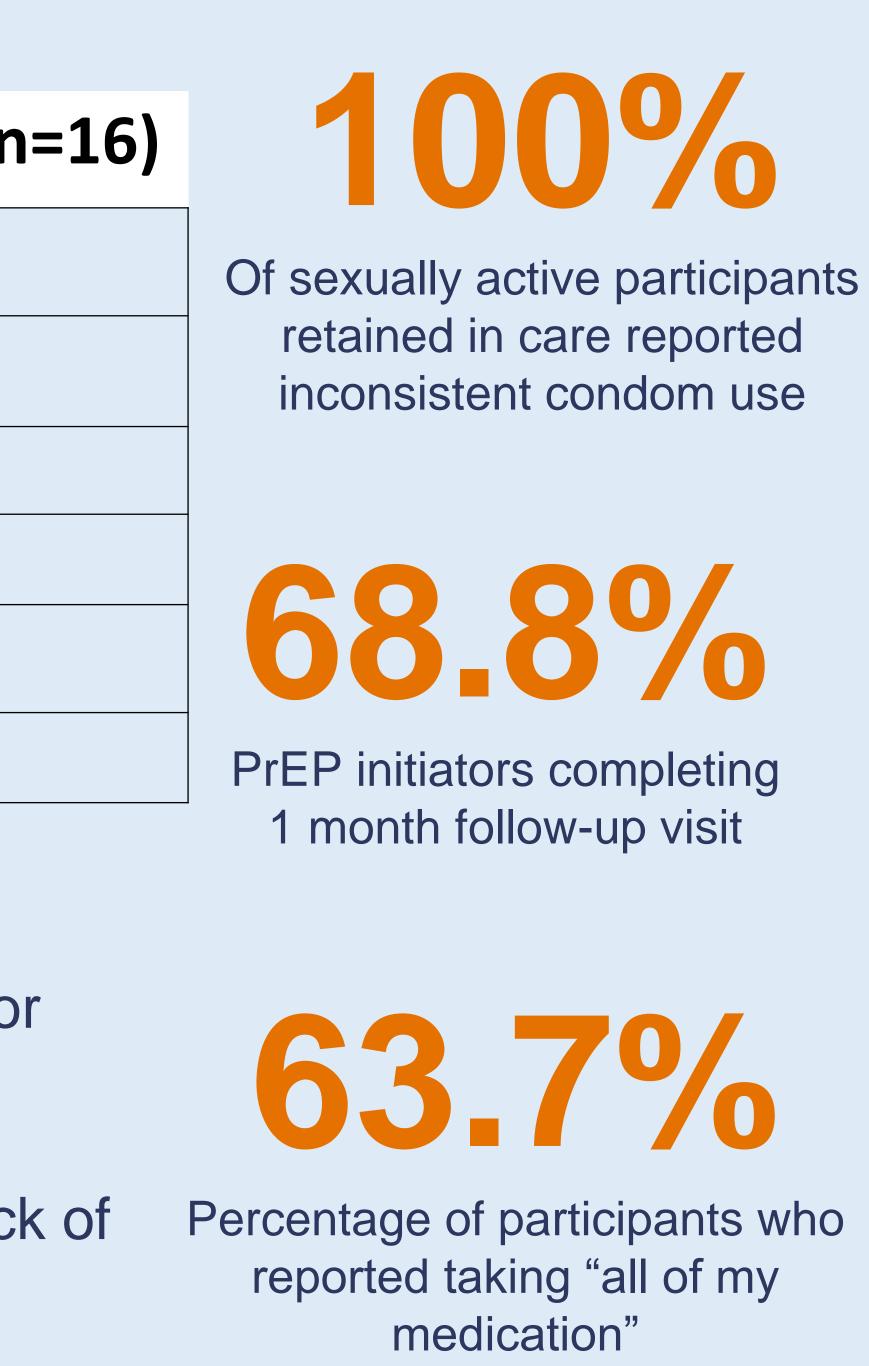
#### A majority of study participants met criteria for hazardous alcohol use

However, alcohol use did not correlate with lack of retention





### **Conclusions & Future Directions**



(verified by pill count)

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