## **Communication is Key: A Multifaceted Approach to Improving Essential ASP Metrics in Surgical Services**

## BACKGROUND

- Despite widespread antimicrobial resistance, suboptimal antimicrobial use is common, particularly among surgical services
- Antimicrobial stewardship programs (ASPs) effectively improve antimicrobial use, decrease adverse events, improve patient outcomes, and reduce rates of antimicrobial resistance
- Antimicrobial stewardship guidelines describe several ASP strategies but do not address surgical services specifically
- Surgical services have different workflows than other services, and some perceive ASPs negatively
- Overall, evidence for optimal ASP intervention in surgical departments is lacking

## OBJECTIVE

To evaluate the effect of several collaborative ASP interventions and workflow changes on the non-acceptance rate (NAR) of ASP recommendations and antimicrobial use among surgical services

## **METHODS**

- **Design**: Retrospective, pre-post study of services in the department of surgery at a 798-bed, four-campus healthsystem between 12/01/2018 and 09/30/2020
- Orthopedic, pediatric, and Clear Lake Campus surgical services were excluded
- From 10/2019 11/2019, the core ASP team performed several interventions:
  - Meetings with Chairman of the Department of Surgery
  - Meetings with Vice-Chairs and Division Chiefs
  - Grand rounds presentation to surgical house staff
  - Monthly attending surgeon NAR reporting to Chairman
- Workflow change: Per feedback from surgeons, ASP communicated recommendations directly to attending surgeons instead of to residents or via ASP notes
- The core ASP team consisted of two infectious diseases physicians and two infectious diseases pharmacists

- **<u>Pre-period</u>**: 12/2018 9/2019
- **Post-period**: 12/2019 9/2020
- GraphPad Prism 8 software

<u>10/14/2019</u> Meeting with Chairman of Surgery

11/20/2019 **Grand rounds** presentation to surgical house staff

## Table 1. Primary Outcome

Non-acceptance rate (NAR)

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## **METHODS (cont.)**

Statistics: Mann-Whitney U, chi-square, and Fisher's exact tests were used to compare outcomes as appropriate with

## INTERVENTION



## RESULTS

Pre-Period (n=353)	Post-Period (n=326)	p-value	
43%	27%	<0.01	

## **RESULTS (cont.)**

### Table 2. Secondary Outcomes

Per 1000 patient days	Pre-Period	Post-Period	p-value
Overall DOT	1105	1073	0.53
<b>BSHA</b> agents	302	311	-
BSCA agents	112	131	-
NSBL agents	173	189	-
MRSA agents	172	141	-
Fungal agents	89	80	-
Drug cost	\$27,677.91	\$23,672.48	0.19

BSHA: broad spectrum hospital-acquired; BSCA: broad spectrum community acquired; DOT: days of therapy; NSBL: narrow-spectrum beta-lactam; MRSA: methicillin-resistant Staphylococcus aureus

## Table 3. Change in NAR by Individual Surgical Service

Surgical Service	Pre-period		Post-period		
	NAR	# Rec	NAR	# Rec	p-value
Burns	22%	27	20%	11	1.00
Cardiothoracic	31%	38	3%	33	<0.01
Neurosurgery	12%	17	33%	12	0.20
OMFS	18%	11	17%	18	1.00
Plastics	28%	32	16%	37	0.26
General	40%	25	14%	36	0.03
Trauma	63%	166	41%	132	<0.01
Transplant	0%	8	23%	16	0.26
Urology	25%	5	31%	10	1.00
Vascular	29%	18	29%	18	1.00

# Rec: Number of stewardship recommendations; NAR: non-acceptance rate; OMFS: oral and maxillofacial surgery

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## LIMITATIONS

- Retrospective design limits conclusions of causality
- Unable to collect reasons for non-acceptance of recommendations for this study
- ASP recommendations are made at least 48-72 hours after antimicrobial therapy initiation, which may not capture all inappropriate antimicrobial use
- The COVID-19 pandemic may have affected the post-period due to the following:
  - Fewer patient days due to fewer surgical procedures per state mandates
  - Higher antimicrobial use among SARS-CoV-2 positive patients, including surgical patients
  - Diversion of ASP resources from surgical services to hospital pandemic preparations and management
- Low numbers of recommendations limit assessment of the intervention's effectiveness in some services

## CONCLUSION

- A communicative and adaptive approach to stewardship in surgical services improved NAR of ASP recommendations
- DOT and drug cost did not decrease significantly postintervention implementation; however, the COVID-19 pandemic increased antimicrobial use and decreased patient days among surgical services at our institution, potentially affecting both of these outcomes
- Surgical services operate differently than medical services, and a personalized approach by ASPs can improve communication and interprofessional relationships and can open the door to collaboration on future projects

## DISCLOSURES

The authors of the presentation have nothing to disclose concerning possible financial or personal relationships with commercial entities that may have a direct or indirect interest in the subject matter of this presentation.

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