Department of Medicine, Division of Infectious Diseases

# SARS-CoV-2 Exhibits Clade-Specific Differences in Nasopharyngeal Viral Loads

Hannah H Nam MD<sup>1</sup>; Scott C Roberts MD<sup>2</sup>; Lacy M Simons<sup>3</sup>; Chad J Achenbach MD<sup>3</sup>; Alan R Hauser MD<sup>3</sup>, PhD; Egon A Ozer MD<sup>3</sup>, PhD;

Michael G Ison MD<sup>3</sup>; Judd F Hultquist PhD<sup>3</sup>; Ramon Lorenzo-Redondo PhD<sup>3</sup>

<sup>1</sup>Department of Infectious Diseases, University of California – Irvine, <sup>2</sup>Department of Infectious Diseases, Yale University, <sup>3</sup>Department of Infectious Diseases, Northwestern University Email: hannahhn@hs.uci.edu|| Twitter: @HannahNamMD

### Background

- The rapid spread of SARS-CoV-2, the causative agent of COVID-19, has been accompanied with the emergence of distinct viral clades
- Viral diversity has been identified through whole genome sequencing efforts
- Less is known about the viral kinetics affecting viral loads amongst different clades

#### **Objectives**

- To assess the phylogenetics of SARS-CoV-2 over a limited period
- To determine if separate clades of SARS-CoV-2 display differences in viral replication and in turn
- To determine if differences in Ct value lead to differences in disease severity

### Methods

- Sample Collection: 88 total samples were collected from patients presenting to Northwestern Memorial Hospital from March 14, 2020 through May 1, 2020 with positive SARS-CoV-2 from nasopharyngeal swabs.
- Sequencing: Cycle threshold (Ct) values less than 35 were considered positive and whole genome sequencing was performed by reverse transcription, multiplex PCR, and deep sequencing.
- *Phylogenetic analysis:* Phylogenetic analysis was conducted relative to publicly available SARS-CoV-2 sequences. Sequence and viral load data were correlated to each clade.

#### Phylogenetic Analyses of SARS-CoV-2 (Chicago) Ct Value and Disease Severity



#### **Viral Clade and Ct Values**







#### **Results**

- Clade 1 viruses were shown to be rapidly expanding
- Clade 2 was uniquely predominant in Chicago with limited global distribution
- Clade 1 demonstrated significantly lower Ct values (p=0.0062) than both Clade 2 and Clade 3 despite no significant difference in time from symptom onset to specimen collection
- There was no significant differences in disease severity amongst the three clades

## Conclusions

SARS-CoV-2 genotype may impact viral load, which may in turn influence transmission and overall viral spread

# **M Northwestern** Medicine<sup>®</sup> Feinberg School of Medicine