

Abstract:

This poster presentation will analyze professional collaborations that the presenter has formed in order to provide the most holistic care for the client's individual needs. There will be artwork, experiential's and experience responses shared as a result of conducting these unique collaborations with other health care/healing professionals. Some of the collaborations were creatively accomplished while others are gradually becoming seen as more traditionally accepted in the mental health field.

This poster presentation poses the idea that the future of holistic and client centered care must have a flexibility, that while staying within the boundaries of law and ethics, engages collaborative relationships with other health care/healing professionals. Would you ever go to a Doctor's appointment with a client? Would you let a pet into the therapy office? Do you do home or hospital visits with clients? Would you ever invite a non-mental health professional into the therapy room for a joint session? The challenge this poster leaves you with is discovering your ability to think outside the traditional therapy room and beyond the mental health counselor collaboration.

Introduction:

Cynthia shares her experience forming professional collaborations in attempts to provide the most holistic care for her client's individual needs.

Collaborations with mental & non-mental health professionals are explored to see how far we can safely expand the boundary of holistic client centered care.

Her artwork responses to the collaborations are explored for deeper intuitive and subconscious information.

Examples of artwork experientials with clients are given for ideas of how the connections can benefit the clients.

Like neurons & axons communicating in the brain, the future of holistic & client centered care must have a flexibility that connects us with others & creates a wider support team network.

If not, we leave out pieces of the person & give them a false sense of completeness & underlying upsets that doesn't settle in the system completely.

Envisioning the Future of Holistic Care: Creative Collaboration

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Tag Team Treatment

Yoga

Energy Healers

Joint Treatment

Dually Treating

Medical

Craniosacral Therapy

Psychiatry

Chiropractic

Mental Health

Non-Mental Health

Consulting

Spiritual Healers

Interactive Instructions:

- 1-Remove a piece of the elight puzzle
- 2-Reveal a collaboration
- 3-Big art examples of collaborations
- 4-Remove the ground for conclusion
- 5-Decide how you can collaborate

Conclusion:

Grounding - in the idea that:

- A combination of Mental, Physical, Spiritual, Emotional, Social, & Psychological wellbeing make up the complexities of a human.
- Expansion to include more healing professionals allows the rest of the puzzle to be seen & therefore completed.
- If you only serve one area you are literally only serving a piece of the human being that presents before you.
- You don't have to do all things; work with others who do each thing excellently